



HENRY COUNTY HEALTH DEPARTMENT 2009 ANNUAL REPORT

Our mission: Promote healthy lifestyles and improve the quality of life for Henry County residents, by providing community education while also preventing and controlling disease and injury.



MESSAGE TO HENRY COUNTY RESIDENTS

One purpose of an Annual Report is to review the past - both our challenges and our accomplishments. For the Henry County Health Department in 2009, it would be impossible to do this without mentioning our campaign to protect local residents against H1N1 influenza.

Flu pandemics (epidemics that spread throughout the world) don't happen often - the last was in the late 1960s. Neither do mass vaccination campaigns - the last was in 1976. None of today's public health workers were working back then. So the 2009/2010 H1N1 influenza vaccination campaign is single largest vaccination campaign many of us have ever experienced.

This campaign has been both a huge challenge and a wonderful opportunity for us to share this important aspect of public health with you. Immunizations are a very visible display of what public health is all about - preventing illnesses like flu, measles, and chicken pox; protecting our most vulnerable residents; and providing vaccinations to all who seek them.

We have done our best to...

- Deal with inadequate amounts of vaccine and a demand that dwarfed supply;
- Get vaccine to the people most susceptible to its life-threatening complications- pregnant women, infants through teens, and adults with chronic diseases; and
- Make vaccination clinics accessible to everyone.

But we are not done yet - H1N1 influenza could return for one more round, so we are still vaccinating people daily. It is not too late to protect yourself and your loved ones- come see us today!

Another purpose of an Annual Report is to set the stage for the future. We and our public health partners are re-assessing the health of our community to create a strategic plan for improving everyone's health in the future. The health of our community depends on multiple factors - from the quality of local health care and the environment to jobs, education, and individual behaviors. Health is everyone's responsibility, and finding ways to improve our community's health benefits us all. Henry County can be one of the healthiest counties in Ohio- if we choose to be. We invite you to join us in meeting this important challenge!

Anne Goon, MS, RD, LD
Health Commissioner

Here to Serve All Residents of Henry County

1843 Oakwood Avenue, Napoleon, Ohio 43545
419-599-5545

Office hours: Monday - Friday, 8:30 am - 4:30 pm

Visit us on the web at www.henrycohd.org



Photo courtesy of The Northwest Signal



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HEALTH EDUCATION AND PROMOTION



Our health educators provided a wide variety of services during 2009 to prevent illness and injury, promote healthy lifestyles, and protect vulnerable groups of people.

Cardiovascular Health:

- We reached 1,265 children and adults through 50 heart-healthy presentations.
- 3,162 people participated in 16 special events (like Dining with Diabetes, Summer Day Camp, and Go Red for Women).

Car Seat Safety:

- Our certified child passenger safety technicians checked 49 car seats at the Health Department for local parents.
- 34 more car seats were checked at car seat events at Ron's Super Valu in Deshler and Snyder's Chevrolet in Napoleon.
- 72 low-income families received free car seats for their children.



Child & Family Health Services:

- We calculated local third graders' Body Mass Indexes (BMI) to monitor the level of childhood obesity in Henry County.
- Local youth completed the Youth Risk Behavior Survey so we could monitor the high-risk behaviors on the rise.
- 52 local professionals attended COMPASS training to learn about services available to help meet local residents' needs.

Injury Prevention:

- 30 children and their parents learned more about bike safety through our obstacle course at Red Cross' Ride for the Red event.
- 50 riders were fitted for bike helmets at 2 community events.
- The Safe Teens Drive for Life coalition coordinated a Mock Crash attended by juniors and seniors of all local high schools.

ENVIRONMENTAL HEALTH

Environmental Health sanitarians completed 520 inspections of local food service operations, retail food establishments, food vending locations, mobile food units, and temporary food locations (to protect Henry County residents from outbreaks of food-borne illnesses). Operations preparing/serving foods more likely to cause illnesses were inspected more often.

Ohio's School Environmental Health and Safety Law (known as Jarod's Law) was repealed by the Ohio General Assembly in July 2009. This eliminated the rules and criteria for conducting school inspections. Sanitarians will be conducting these twice-annual inspections using locally-developed guidelines starting in 2010.

HENRY COUNTY HOME HEALTH & HOSPICE OF HENRY COUNTY

"Home town people caring for you"



The highly-experienced and dedicated staff of Henry County Home Health & Hospice provides a wide variety of professional and compassionate healthcare and supportive services in the home. These range from follow-up care after a hospitalization and short-term care following a surgery to palliative care (relief of pain and uncomfortable symptoms) for those with life-limiting illnesses or conditions. Our skilled team of professionals include nurses, social worker, chaplain, physical therapist, occupational therapist, speech therapist, and home health

aides, all providing care under the direction of a physician.

During 2009, Home Health passed its annual Medicare certification survey without a single citation - an accomplishment seldom seen by the Ohio Department of Health. Janelle Cline, RN, again successfully met the requirements to be a Certified Hospice and Palliative Nurse, making her one of only 690 nurses in Ohio with this specialty certification.

Home health and Hospice care is covered under Medicare, Medicaid, and many private insurances. Call (419) 599-5612 to set up services in your home today.

Private Water Program Water Supply System Permits	41	Food Protection Program Food Facility Investigations	520
Water Samples Collected	69	Rabies Control Program Animal Bites Reported	88
Residential Sewage Program Household Sewage System Permits	25	Other Programs Campground Inspections	12
Public Health Nuisances	27	Mobile Home Park Inspections	13
		Swimming Pool and Spa Inspections	20
Complaint Investigations Smoke-free Workplace Investigations	6	Tattoo/Body Piercing Inspections	2

Patients Admitted	309
Total Home Visits	7,053
Nursing Visits	3,114
Physical, Occupational, Speech Therapy Visits	1,658
Social Worker Contacts	54
Home Health Aide Visits	2,251

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PUBLIC HEALTH NURSING



Public Health
Prevent. Promote. Protect.

2009 was full of challenges for the public health nursing staff. The H1N1 influenza mass vaccination campaign was the most significant.

- 4,114 doses of H1N1 flu vaccine and 2,639 doses of seasonal flu vaccine were given from September to December 2009. This equals 55% of all vaccines given during the year.
- Public health nurses investigated numerous cases of Henry County residents hospitalized with suspected H1N1 influenza.

Another challenge was filling the void created by the closure of Women and Family Services. The Ohio Department of Health asked us to find a way to provide family planning services to Defiance County residents. Our staff started in July 2009 to offer several clinics every month at the Defiance County Health Department. All Henry and Defiance County Family Planning clinics and services are

completely grant-funded. Services include physical, pelvic, and breast exams (and pap smears); STD testing and treatment for men and women; pregnancy testing and referral; HIV counseling, testing and referral; and prescription contraceptives. Services are provided on a sliding fee scale.



Our staff also continued to provide adult and childhood vaccinations, case management for children with medical handicaps, school nursing services, disease investigation and surveillance, and Help Me Grow services.

<u>Nursing Services</u>	
# Patients Served- Nursing	2,704
Hours	
School Health- # of Health Screenings at 3 Private Schools	537
TB Skin Tests	360
HIV Tests	148
# Family Planning Clinic Visits	2,219
<u>Immunization Program</u>	
Total Vaccinations Given	12,208
Seasonal Flu Vaccinations	2,639
H1N1 Flu Vaccinations	4,114
<u>BCMh Program</u>	
Average Monthly Caseload	61
<u>Help Me Grow Program</u>	
Families Referred	147
# Home Visits	891

NORTHWEST OHIO REGIONAL DENTAL CLINIC

The Northwest Ohio Dental Clinic provides top-notch dental care to residents of Defiance, Fulton, Henry, Paulding, Putnam, and Williams counties. Children, teens, and adults of all ages who have no insurance, Medicaid, or private insurance are all accepted. A full range of dental services are provided, and a sliding fee scale (based upon family size and household income) is available for uninsured clients.

2009 achievements include:

- 53 kids received free dental care worth over \$14,000 on "Give Kids a Smile" Day in February; over a dozen dentists and dental staff donated their time and services to make this possible.
- The Dental Clinic had 8, 147 visits for dental care – an average of 33 patients every day!
- Dr. Jamie O'Neill, DDS, replaced Dr. Matthew Maley as Dental Director in December. The Dental Clinic has 1 full-time and 3 part-time dentists.
- A newer used panoramic x-ray machine replaced an older unit in October when repairs could no longer be made. Panoramic x-ray machines take a single x-ray of the entire mouth at one time.

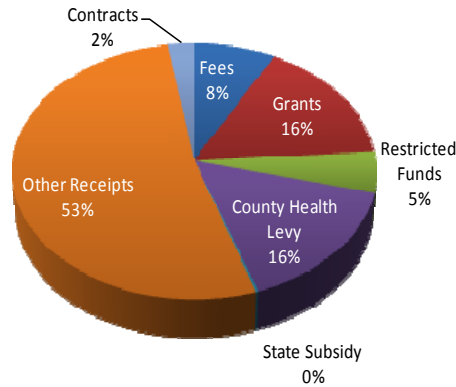
To learn more about the wide variety of dental services available or to schedule an appointment, please call the Dental Clinic at (419) 591-3060, Monday- Friday, 8:00 a.m. - 5:00 p.m.



OUR FINANCES

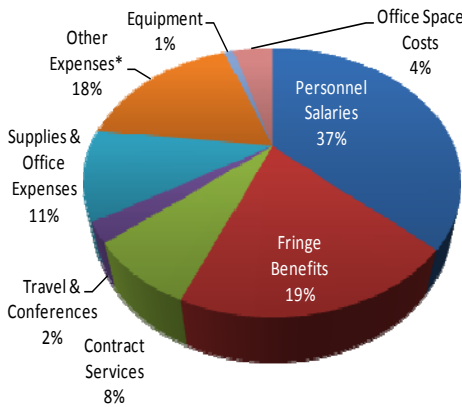
INCOME

Contracts	\$101,426
County Health Levy	\$653,998
Fees	\$326,159
Grants	\$660,696
Other Receipts	\$2,173,878
Restricted Funds	\$207,804
State Subsidy	\$8,383
Total Income	\$4,132,344



EXPENSES

Contract Services	\$207,984
Equipment	\$27,489
Fringe Benefits	\$526,054
Office Space Costs	\$120,000
Other Expenses *	\$476,484
Personnel Salaries	\$998,465
Supplies & Office Expenses	\$289,866
Travel & Conferences	\$64,797
Total Expenses	\$3,711,139



*Other expenses include postage, photocopying, advertising, fund transfers, tax settlement fees, hospice Medicaid beds, durable medical equipment costs.

VITAL STATISTICS

Births in Henry County	180
Out-of-County Births to Henry County Residents	202
Deaths in Henry County	161
Fetal Deaths	1
Deaths Under Age 18	6
Trauma Deaths	5
Birth Certificates Issued	727
Death Certificates Issued	684

MOST COMMON CAUSES OF DEATH*

- #1 Heart Disease
- #2 Cancer
- #3 Strokes
- #4 Accidents/Unintentional Injuries
- #5 Chronic lower respiratory diseases
- #6 Diabetes
- #7 Alzheimer's disease
- #8 Influenza and Pneumonia
- #9 Kidney diseases
- #10 Sepsis

* 2005-2007, Ohio Department of Health

Our staff would like to send a great big **THANKS!** to the many volunteers from the Medical Reserve Corps, local chapter of the American Red Cross, and from across Henry County that helped us provide our H1N1 vaccination clinics during 2009. We could not have done it without each of you!

HENRY COUNTY BOARD OF HEALTH

Ohio law requires the Board of Health to report and take measures to control disease, enforce public health laws, and provide services to promote the health and well-being of local residents. The Board approves the Health Department's budget and hires a health commissioner to manage the day-to-day operations and serve as Secretary of the Board.

Board of Health members are appointed to five-year terms by designated groups representing Napoleon, Henry County, and businesses licensed by the Board of Health. Board meetings are the second Wednesday of each month at 12:30 p.m. at the Henry County Health Department. All meetings are open to the public.



Front: Roger Richard, President (Richfield Twp); Anne Goon, MS, RD, LD, Health Commissioner; Joel Miller, President Pro Tem (Napoleon City)

Back: Al Wiederwohl (Licensing Council); Wallace Nelson (Ridgeville Twp); Alice Schwiebert, RN (Marion Twp); Sharon Miller (Washington Twp)

Not pictured: Edmundo Somoza, MD (Napoleon City)

OUR STAFF

The Henry County Health Department employs nearly 70 full- and part-time staff. We welcomed several new employees, while others assumed new roles during 2009.

New employees:

- Temeaka Gray, Nurse Practitioner
- Anne Goon, Health Commissioner
- Jacqueline Willford, Home Health Aide

Temporary public health nurses hired to assist with H1N1 vaccination efforts:

- Sandra Dickman
- Anne Irving

Staff assuming new roles or duties:

- Nancy Bannister, Insurance Billing Clerk
- Malissa Davis, Family Planning Clerk
- Jaime O'Neill, Dental Director
- Lana Sonnenberg, Hospice Volunteer Coordinator