

Fall 2011



Hospice of Henry County

Mission Statement

Hospice enables those with a life limiting illness and their loved ones to bring life to a close with a sense of dignity, comfort, control and completion

When is it time to call Hospice?

Often times, our nurses are told by patients or their families that they wish they would have contacted Hospice sooner. People often think that by receiving Hospice services that they are “giving up”. Quite the contrary, Hospice care is about the final months of life, not just the final days. They are making a decision to live out their lives as best as they possibly can, by using the help of caring nurses and other skilled staff who know how to make a very difficult time easier. With the help of your doctor, the nurses know what medicines are effective to help control pain and discomfort for the patient. They also help the caregivers in assisting to care for the patient. Hospice volunteers will come and stay with a loved one while the caregiver gets a break or some much needed sleep. A Chaplain is available for those who would like their services. A Licensed Social Worker is available to talk to patients and caregivers about difficult situations, finances and funeral planning. The Home Health Aides offer their TLC to patients by helping with baths, personal care, and socializing. There are even programs that help with running errands and light housekeeping. All of these services are part of Hospice.

Hospice services can be provided in the home, nursing homes and assisted living facilities. Most private care insurance plans, Medicare and Medicaid may be utilized to help pay for services and supplies. If a patient does not have coverage, Hospice of Henry County can help through the generous support of community via fundraisers and contributions. Hospice is not just to help people with cancer, but all life-limiting illnesses and is available as long as the doctor believes the patient remains terminally ill.

If you or a loved one are facing a life-limiting situation, please don't hesitate to talk to your doctor about receiving our services. Feel free to give us a call at 419-599-5612 and we will assist you in obtaining the information you need.

MARK YOUR CALENDAR NOW

HOSPICE BAZAAR

MAY 10, 2012

A LITTLE BOWL OF EVERYTHING

Cookbooks are available at the health department. You can call the office or stop out and pick one up. They are also available at the Senior Center. The cookbooks are full of many great recipes...anything you can think of from Holiday Meatballs to Candy Cane Bath Salts. They make great Christmas gifts at \$15.00 each. The profits from the cookbooks are graciously being donated to Hospice by Lori Brownson and Beth Courtney in memory of their mother, Pat Small, a former Hospice patient.

Pumpkin Muffins

2/3 C. shortening

2 eggs

3/4 C. maple syrup

1/2 C. milk

2 C. all-purpose flour

1-1/4 tsp. baking powder

1/2 tsp. salt

1 tsp. baking soda

1/2 tsp. ground ginger

1/2 tsp. ground allspice

1 C. canned pumpkin

**1-8 oz. can crushed pineapple
drained**

**1-8 oz. pkg. creamed cheese,
softened**

1/4 C. butter, softened

1 1/2 C. Confectioners' sugar

In a large bowl, beat shortening until light and fluffy. Add eggs, one at a time, beating well after each addition (mixture will appear curdled). Beat in syrup and milk. Combine the flour, baking powder, salt, baking soda, ginger, and allspice; add to shortening mixture and beat just until moistened. Stir in pumpkin and pineapple. Fill paper-lined muffin cups two-thirds full. Bake at 350° for 20 to 25 minutes or until a toothpick comes out clean. Cool for 10 minutes before removing from pans to a wire rack to cool completely.

A Note From RSVP

The Retired Senior Volunteer Program is looking for volunteers. Hospice and RSVP have been working together for volunteer projects. If you are 55 years of age or older and have a willingness to serve the community, then RSVP may be for you. The volunteer opportunities are tailored to your needs and the hours are flexible. If you can give an hour a week or an hour a month, they have a place for you. RSVP volunteers assist hospice patients also. To learn more about RSVP, please call Diane Zeigler, RSVP Volunteer Coordinator at dziegler@areaofficeonaging.com, or 419-592-0337.

"I believe there are angels among us..."

BLOOMFIELD HOUSE

Please visit the Bloomfield House at 229 W Clinton St. in Napoleon this Christmas season and see the many beautifully decorated Christmas trees. The tree placed in the upstairs bedroom was decorated by Hospice of Henry County and also displays our 2011 Angel. The Henry County Historical Society is the host for open houses on December 10th and 11th, as well as other events during the season. Watch for times and dates advertised locally.



2011 Angel Tree Order Form

Hospice of Henry County acknowledges the difficulty of the holidays when a loved one is not there at Christmas. Each year we offer an angel for purchase. A specially designed tag is created for the ornament with your loved one's name and placed on the tree in our lobby at the health department. The ornaments this year are delicate glass angels with gold trim. They are approximately 4 inches tall and 3 inches wide. The angels can be in memory of someone as well as in honor of someone. Ornaments may be picked up at the Health Department the week of Dec. 19th or sooner to include in your holiday celebration. The cost is \$10.00 per ornament with proceeds going towards helping hospice families with medical expenses.

Name _____ **Phone** _____

In Memory of _____





HOSPICE POINSETTIA SALE

Color & Number Red _____ White _____ Pink _____ Jingle Bells _____

Price: \$8.50 per poinsettia plant

Pick-up date: Friday - Dec. 9th - 10 am till 4 pm Napoleon only

All sites on Saturday - Dec. 10th - 10 am till Noon

Pick-up area _____ Person to pick up _____

Buyers Name _____ Address _____

Phone _____ Sales Person _____ (Paid) _____

Hospice of Henry County is beginning its annual poinsettia sale. We are taking orders from **now through November 30th, 2011** for 4 to 6 bloom plants in foiled pots.

Colors: Red – White - Pink – Jingle Bells (variegated red, white and pink)

Price: \$8.50

Indicate on each order one of the following locations for pick up.

Pick up Friday, December 9th at:

Henry Co. Health Dept. 10:00 am – 4:00 pm

Pick-up also on Saturday December 10th at:

Vince's TV and Appliance - Holgate 10:00am – Noon

Henry County Bank - Liberty Center 10:00 am – Noon

Immanuel Lutheran Church – Deshler 10:00 am – Noon

Henry County Health Department Napoleon 10:00 am – Noon

Arrangements can be made for deliveries of large orders of 25 poinsettias or more, please call (419) 599-5612.

We are providing beautiful poinsettia plants at a reasonable cost. All profits go directly to benefit our Hospice patients and their families. Enclosed are several order blanks for you to

WE LOVE OUR AIDES

By Pam Miller

Henry County Home Health and Hospice has an experienced staff of Home Health Aides who provide quality care to help maintain patients in their homes.

Our Aides offer a variety of services such as personal care, light house-keeping, meal preparation and socialization

Taking a walk outside in the fresh air with the assistance of our aides can often make the patients day. A friendly face and a good listening ear are much appreciated by our patients.. Patients often say they can't wait until their next aide visit.



Pictured left to right: Teresa Barchick, Julie Sparkman, Tammie Sharp, Pam Miller, Susan Moore, Peggy Sheely and Jackie Wilford. Missing is Marie Rohrs and Megan Burill.

WELCOME NICOLE

New to our staff:

Nicole Distell, RN joined our team on August 29th. She is a graduate of Napoleon High School and Northwest State Community College. In her spare time, Nicole enjoys spending time with her three children and outdoor activities. Nicole looks forward to meeting new patients and the challenges of being a home health nurse.



Please remember to vote on November 8th.

A Note from Peg Dammann, RN Director

Hospice families are fortunate to have loving families who provide untold hours of care and who often learn a number of skills that allow them to assist in providing for their loved ones in their own home. It is truly amazing the support that Hospice staff witness from the families. Having supportive families enables Hospice staff to provide compassionate care. Many thanks to the Hospice families and Hospice staff.

A Special Note from a Hospice family:

"I would like to thank your organization for all of the medical care, compassion and strength that was given to my mother. Cari was her primary nurse and she was amazing and fantastic. Dianna also visited mother several times and her calm professionalism reassured us when fear was knocking on the door. Trina sat with us and took charge during mother's last two nights. All three nurses were angels to us. It is wonderful work that you do. I am enclosing the memorials that were given in honor of mother. I hope that these memorials will allow you to continue the wonderful work that you do." Sincerely, Bobbie

Volunteer Opportunities

Hospice has many opportunities to volunteer. Currently we are looking for a volunteer that would enjoy helping in the office once a week. This person would help with miscellaneous office jobs such as shredding documents, light housekeeping, filing, making charts, assisting with calling volunteers for assignments and mailings. Ideally this person would come and spend 2-3 hours. Duties will vary week to week.

Our Hospice Chaplaincy will become vacant the first of the year. Boyd Shugert has been our Hospice Chaplain since 2007. He enjoys meeting new people and feels that he can connect with the patient on a different level at this time in their life. He feels that he receives honest and open communication and that the patients and their families wish to resolve issues and do not hold back their opinions in fear of offending someone. Our Hospice Chaplain attends our Interdisciplinary team meetings every other Tuesday in the Henry County Hospital meeting room at 12:15 PM. These meetings last approximately an hour. The chaplain makes visits to the patients on an as needed basis. Many of our families belong to a church family, but still may feel the need for a visit from our Chaplain. It is another opportunity to provide spiritual support to our community.

Hospice is always looking for volunteers to sit with our hospice patients. In 2012, we are hoping to have a volunteer assigned to each hospice family. The volunteer would call at least weekly and offer assistance as needed. This could range from running errands, sitting with a patient so the caregiver could get out or take a nap, fixing a casserole or just delivering a plate of cookies.

Each year, we host our Hospice Bazaar. We are looking for several people to coordinate the calling and collection of donations. It is a job that requires more than one person. Do you enjoy talking to others? Would you like to help make these calls and see firsthand how our bazaar works?

Each volunteer has a training that is designed around their unique needs and life experiences. A background check is required by the Medicare regulations, this is covered by hospice. Classes are free. Please contact Janelle Cline at 419-599-5612 or email at jcline@henrycohd.org for more information or to schedule training.